

Mohamed Serag

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Psychiatry and Neurology Senior Specialist

- | 7 years Overseeing many aspects of mental health resource utilization, such as use of psychotropic medications and mental health-designated beds, telemedicine support development, deployment of decision support systems, etc.).
- | Provide professional advice and guidance and ensure compliance with the policies, procedures and program standards for mental health services provided to patient-inmates.
- | Coordinate and participate in psychiatric research, analyse situations accurately and take effective action, maintain effective working relationships with health care professionals and others, and communicate effectively.

Professional Experience

AL MASHFA HOSPITAL, Cairo Ismelia, Desert Rd, Egypt – *Psychiatric and Physical Rehabilitation is an integrated medical facility that believes in "Mind's Health & Beyond..."*

Senior Specialist in Psychiatry and Neurology - 6/2011 to Present

- Analyze and evaluate patient data and test or examination findings to diagnose nature and extent of mental disorder.
- Prescribe, direct, and administer psychotherapeutic treatments or medications to treat mental, emotional, or behavioural disorders.
- Collaborate with physicians, psychologists, social workers, psychiatric nurses, or other professionals to discuss treatment plans and progress.
- Gather and maintain patient information and records, including social and medical history obtained from patients, relatives, and other professionals.
- Counsel outpatients and other patients during office visits.
- Design individualised care plans, using a variety of treatments.
- Diagnose, treat, and manage patients with neurological disorders.

Medical Director (Extra Responsibility) - 6/2011 to Present

- Professional with 4years of experience making a clear exposition of the role of the medical director in relation to the board, the basic administrative structure, and the medical staff.
- Collaborates with the Executive Director and Chief Operating Officer in development of health care plan, and recommendations to Board of Directors regarding services/programs to be offered, delivery sites, and hours of operation
- Expert in the coordination and oversight of all medical care provided at the Centre, and for the quality of services rendered and Serves as a member of the administrative staff as well
- Ensures proper functioning of day-to-day operations in concert with the Chief Operating Officer.

Selected Accomplishments: Prof. Abdel Nasser' s assistant in:

General Adult Psychiatry Unit:

- Psychiatric assessment of inpatient.
- Preparing for Daily round with Prof, Abdel Nasser Omar or the Consultants.
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- Inpatient wards and day to day care of patients.
- Arrangement of patient management plans.
- Arrangement and supervision on Electroconvulsive therapy sessions.
- Psychotherapy of patients each according his needs.
- Family psych-education.

On duty specialist:

- Follow up of inpatients condition.
- Management of any psychiatric emergencies.

Addiction Unit:

- Psychiatric assessment of inpatient.
- Preparing for Daily round with Prof, Abdel Nasser Omar or the Consultant.
- Inpatient wards and day to day care of patients.
- Arrangement of patient management plans.
- Individual and motivational interviewing.
- Group therapy for inpatient (Motivational, Educational, Skill training, Relapse Prevention and Cognitive Behavioural Therapy).
- Weekly meeting of addiction unit.
- Individual and Group therapy in Outpatient clinic.

Outpatient clinics And Emergency

- Assessment of emergency cases and arrangement for management plans.
- Follow up of patients in outpatient clinics.

Management of Quality of Medical Care:

- Assumes oversight for the quality improvement system incorporating quality outcome indicators.
- Develops and updates medical care protocols and procedures.
- Develops and provides oversight of quality improvement studies.
- Provides oversight for the telephone triage system and its protocols.
- Collaborates in the development of a continuing medical education policy and assures oversight of compliance.
- Serves as chair of the Clinical Practice, Providers' Workgroup, and Practice Management meetings.
- Participates in review of patient satisfaction surveys and in resolving patient complaints.

Administrative Activities:

- Participates in strategic planning process for the hospital.
- Participates in development of health care plan to support grant applications.
- Participates in recruiting providers.
- Provides formal orientation and conducts performance evaluations for all providers.
- Provides oversight of activities incorporating behavioural health services, including supervision of behavioural health director.
- Attends administrative staff, practice management, and board of director's meetings.
- Collaborates in the development of the medical expense budget and assures conformance within

- budgetary guidelines.
- Participates in information system planning.
- Assists in development of clinical staffing plans.
- Mediates professional disagreements.
- Serves as liaison to managed care plans in resolution of issues related to prior approval for medical services and denials for services rendered.

INSTITUTE OF PSYCHIATRY, EGYPT – *Neuropsychiatry Department, Ain-Shams University*

Neuropsychiatric Resident, 10/2007 to 5/2010

Selected Accomplishments:

The psychiatric : (18 months)

- Inpatient wards and the day-to-day care of patients.
- Preparing for ward rounds and the weekly grand round.
- 1 to 2 outpatient clinics per week following up patients and seeing about 3 to 4 new cases.
- Individual and Group Therapy, and motivational interviewing in Addiction psychiatry.
- 6-7 24-hour shifts per month in charge of managing emergency cases in the A&E department including cases of excitement, suicide and drug related emergencies.
- Liaising with other departments and replying to requests for psychiatric assessments.
- Case presentations and talks in the weekly case conference.

The neurology: (12 months)

- Managing patients in the ward.
- 3 months in a Neurology intensive care Unit managing critical cases Department of Neurology, Ain Shams University.
- 2 outpatient clinics per week.
- Out-of-hours rota of average ten 24-hour shifts per month.

CAIRO UNIVERSITY TEACHING HOSPITAL, EGYPT – *Rotations for all departments, Cairo University*

House Officer, 3/2006 to 2/2007

Selected Accomplishments:

The Rotations: (12 months)

- General Medicine (2 months)
- General Surgery (2 months)
- Pediatrics (2 months)
- Gynecology and Obstetrics (2 months)
- Orthopedics (1 month),
- Dermatology (1 month),
- Anesthesia (1 month), and
- Emergency Medicine (1 month).

Courses & Activities

WPA (XVI) World Congress Of Psychiatry - September 2014

- Focusing On Access, Quality And Human Care.

The American Academy of Continuing Medical Education – Jan 2014

- 1st Int'l conference provided by EAGT (The Egyptian association for group therapies & processes) 30 accredit hours.

The American Academy of Continuing Medical Education – August 2013

- 9th Int'l congress on psychiatry & 4th Int'l congress on Neuroscience provided by the department of neurology & psychiatry, Ain shams university hospitals) - 23.75 accredit hours.

Feb 2013 – الامانه العامه للصحه النفسيه

- Assessment of psychiatric patients according to Law of psychiatry.

Institute of Psychiatry Ain Shams University – Jan 2009

- Research Methodology Workshop arranged by Institute of psychiatry

Institute of Psychiatry Ain Shams University – April & Sep 2008

- Series for mental health services

EPA: the Egyptian Psychiatric Association - June 2007

- Optimizing Quality Of Life In Psychiatric Patients annual congress

Specific Activities:

- Organizing Committee of 5th Ain Shams International congress on Psychiatry, 2009
- Organizing Committee of 4th Ain Shams International congress on Psychiatry, 2008
- Organizing Committee of 3th Ain Shams International congress on Psychiatry, 2007
- As part of the Drug Addiction team at the Institute of Psychiatry, & audit measuring Addiction Severity Index.

Skills

- | Analytical problem-solvers
- | A detail-oriented personality
- | Communicate with people from various cultural backgrounds and educational levels.
- | Research Skills
- | Focus Group
- | Creative Team Leadership
- | Mitigate conflict and negotiate changes
- | Creative acuity
- | MS Office (Word, Access, Excel, PowerPoint)

Languages

- English: Excellent command of spoken and written
- Arabic: Mother Tongue

Education

AMERICAN UNIVERSITY IN CAIRO, EGYPT

Professional Post Graduate Diploma in Healthcare and Hospital Management – February 2011

- | Major Project Title: "Strategic management for Almashfa Psychiatric hospital"
- | Minor Project Title: "Marketing Campaign for Almashfa Psychiatric hospital"

AIN SHAMS UNIVERSITY, EGYPT

Doctorate degree Candidate in psychiatry – Feb 2012 till now

Thesis Title: "Sleep in Obsessive Compulsive Disorder"

ROYAL COLLEGE, London

MRCPsych Candidate– Feb 2010 till now

AIN SHAMS UNIVERSITY, Egypt

Master's Degree (MSc) – May 2010

Branch: Neuropsychiatry

Thesis Title: "Sleep in Posttraumatic Stress Disorder"

Graduated with a very good (included courses and exams in Basic sciences, Psychiatry, Neurology and General Medicine.

CAIRO UNIVERSITY, Egypt

Bachelor of Medicine and Surgery (MB BCh) – November 2005

Graduated with a very good

Personal Data

Date of Birth: 2nd September 1981

Nationality: Egyptian

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Marital Status: Engaged